

# Pops Cale

### Lunch

# Breakfast

*French Toast on Homemade Bread with Bacon			
Eggs			
Served with toast			
Two Eggs any style	3.52		
Two Eggs with choice of meat	5.16		
Omelets	00		
Served with togst			
Cheese Omelet	4 72		
	4.72		
Vegetable Omelet (cheese, peppers, onions, tomatoes & spinach)	5.16		
Meat & Cheese Omelet	5.16		
(bacon, ham or sausage)	5.10		
Pizza Omelet	5.16		
(pepperoni, tomatoes & mozzarella cheese)	5.10		
Western Omelet	5.63		
(cheese, ham, peppers & onions)			
Spinach, Tomato & Swiss Omelet	5.63		
Everything Omelet	6.10		
(cheese, ham, bacon, sausage, peppers, onions & tomatoes)			
	l items .75 each		
Fried Egg Sandwiche			
Served on your choice of toast, bagel, croissant or			
Bacon, Egg & Cheese Biscuit	2.11		
Egg & Cheese	3.29		
Egg & Cheese with bacon, sausage or ham	4.23		
Egg White & Cheese with spinach & tomato			
Breakfast Club (triple decker- 2 eggs, cheese, sausage, bac			
Sides	,		
	0.4		
Single Egg	.94		
Two Hard Boiled Eggs	.94		
Single Piece of French Toast	1.88		
Toast, Biscuits or English Muffin	1.88		
Fresh Baked Bagel 1.89 with cre	eam cheese <b>2.35</b>		
Muffin of the Day	2.35		
Breakfast Meat (bacon, sausage or ham)	2.35		
Parfait	4.23		
Vanilla Greek yogurt with fresh fruit & granola	7.23		
Oatmeal 2.82 with fruit and nu	ıts <b>3.29</b>		

#### Soup & Made to Order Salads

Small Side Salad	2.11
Soup of the Day	3.29
Chili	3.52
Scoop of Chicken, Egg or Tuna Salad	3.29
½ Sandwich with Soup	5.63
Chef Salad (turkey, ham & cheese on a garden salad)	5.63
Chicken, Egg or Tuna Salad on a garden salad	5.63
Chicken Caesar Salad (chicken, parmesan cheese & croutons)	5.63
Spinach Salad with hard boiled eggs and bacon	5.63
Buffalo Chicken Salad (chicken, bleu cheese & Franks Red Hot)	6.57

#### Sandwiches & Wraps

All sandwiches come with lettuce, tomato & mayo by request \*Add cheese to any sandwich for .48 Bread Choice- Homemade White & Wheat, Rye, Croissant, Flour Wrap, Lettuce Wrap **Peanut Butter & Jelly** 3.29 **Grilled Cheese** 3.76 Three Cheese Grilled Cheese 4.23 Ega Salad Sandwich 4.23 Grilled Cheese with Bacon 5.63 Tuna 5.16 Tuna Melt 5.63 Chicken Salad 5.16 Chicken Salad Melt 5.63 Ham & Cheese 5.16 Ham & Cheese Melt 5.16 Turkey & Cheese 5.16 **BLT** 5.16



6.10

6.10

Triple Decker Club (ham, turkey, BLT, mayo)

Turkey, Cheese, Ranch, BLT Melt

\*Pops Specialty

## Flatbread Pizza

Cheese Flatbread	5.16
BBQ Chicken Flatbread	5.63
Tomato, Basil & Garlic Flatbread	5.63
Buffalo Chicken Flatbread	6.57
Veggie Flatbread	6.10
Ham & Pineapple Flatbread	6.10
Deluxe Flatbread	7.51
(Bacon, Ham, Peperoni, Peppers, Onions & Tomatoes)	

Bacon, Ham, Peperoni, Peppers, Onions & Tomatoes)

#### **Choice of Sauce**

Marinara Oil & Garlic Ranch BBQ

Toppings .47

Banana Pepeprs- Jalepenos-Onions-Tomatoes-Spinach
Toppings .94

Pepperoni- Bacon-Sausage-Ham-Chicken- Extra Cheese

#### **Snacks**

Sildelis	
Chips or Fresh Popped Popcorn	.94
Oatmeal Cream Pies	.94
Candy or Gum	1.41
Cookie of the Day	1.88
Gluten Free Peanut Butter Cookie	1.88
Protien Bars	1.88
Fresh Fruit	2.82

#### **Beverages**

Fountain Drinks & Fresh Brewed Ice Tea 20oz 1.89 32oz 2.82 Cup of Ice .23

Pepsi, Diet Pepsi, Cherry Pepsi, Ginger Ale, Gatorade, Lemonade, Dr. Pepper, Mountain Dew (One FREE soda or tea refil, same day visit only)

Vanilla Iced Coffee				1.88
Milk	12 oz.	1.42	20 oz.	1.88
Chocolate Milk	12 oz.	1.89	20 oz.	2.12

\*\*6.5% Sales Tax will be added to all menu items\*\*

CONSUMER ADVISORY: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodbourne illness, especially if you have certain medical conditions. Section 3-603.11, FDA Food Code